

# National Eucharistic Revival Supplement – January 2024

Let us walk together with our bishops in these final months of the National Eucharistic Revival.  
Like the disciples on the Road to Emmaus, the Eucharistic Christ burns within our hearts too!



THEME: THE RIGHT TO LIFE IS ROOTED IN THE EUCHARIST

## Eucharistic Saint



**St. Teresa of Calcutta** (1910-1997). After founding the Missionaries of Charity in 1950, Mother Teresa established a regimen of daily Mass and Eucharistic Adoration for her sisters so that the work of serving the poor would bear great fruit by their prayer. In 1994, she publicly challenged Bill and Hillary Clinton on their advocacy of abortion because the Eucharist and human dignity are inseparable.

## Back to Basics

**EUCHARISTIC ADORATION:** The Catholic Mass is the supreme act of worship, but Catholics also worship our Eucharistic Lord outside of Mass. We maintain tabernacles in our churches to reserve the Eucharistic species for the sick, and we solemnly display the Eucharist for worship in Adoration and Benediction services.



Many Catholic parishes have adoration chapels so that the faithful may pray in silence before the Eucharist and continue the angelic work of adoring the Lord's True Presence. The mission of certain contemplative religious orders is to pray for the world in *perpetual* Eucharistic Adoration. "The Catholic Church has always offered [adoration] to the sacrament of the Eucharist...not only during Mass, but also outside of it, reserving the consecrated hosts with the utmost care, exposing them to the solemn veneration of the faithful, and carrying them in procession." (CCC, 1378)

## Calls to Action



**Human Dignity** – "Unless you eat the flesh of the Son of Man and drink his blood, you do not have life within you" (Jn 6:53). The words of Christ Himself convince us that the Eucharist is the very source of life, for our souls and for the world.

**Practice** – In this month dedicated to the sanctity of human life, let us consecrate all works of the pro-life movement to the most Holy Eucharist and ask the Lord to bring abundant fruits of life and conversion to our nation.

*"It is from the blood of Christ that all draw the strength to commit themselves to promoting life.... it is the foundation of the absolute certitude that in God's plan life will be victorious."*

~ Pope John Paul II, *Evangelium Vitae*, 25.

## National Eucharistic Revival News and Resources

Keep up to date on the National Eucharistic Revival at the Bishops' website: [www.EucharisticRevival.org](http://www.EucharisticRevival.org). For news on the upcoming Eucharistic Congress, go to [www.eucharisticcongress.org](http://www.eucharisticcongress.org). Also, get the *Eucharistic Revival Edition Prayer Cards* at [www.SitStandKneel.com](http://www.SitStandKneel.com) for great evangelization resources to spread the Eucharistic fire!