



## PRAYERS IN THE PEW™

# National Eucharistic Revival Supplement – December 2023

Dear brothers and sisters, during this Advent Season we walk with the Holy Family on their way to Bethlehem, and we pray that our Bishops' National Eucharistic Revival will bear abundant fruit in a greater devotion to Christ in His most Blessed Sacrament.



### THE HOLY FAMILY FORMED THE EUCHARISTIC CHRIST

#### Eucharistic Saint



**Good St. Joseph** (1st Century). Except for the Blessed Virgin Mary, St. Joseph was the person who dwelt the longest time in the sacred Presence of Jesus. Not even the Apostles were as close to Jesus for so long. The profound effect of Jesus' Eucharistic Presence on Joseph transformed him from a mere carpenter into an architect of grace for all who turn to him for assistance.

#### Back to Basics

**EUCHARISTIC SPECIES:** The word species is normally used in biology to mean the "form" or "type" of something. In sacramental theology we use the same word to indicate the two elements of the Eucharist. Jesus is fully present to us "under the species of bread" as well as "under the species of wine."



This allows us to receive Holy Communion under one form only (Host or Cup) because each species contains the *full Christ*, whole and complete, in every particle and in every drop.

"In the august sacrament of the holy Eucharist, after the consecration...our Lord Jesus Christ, true God and man, is truly, really, and substantially contained under the species of [the bread and wine]." (*Inaestimabile Donum*, Congregation for the Sacraments and Divine Worship, 1980, I.)

#### Calls to Action



**Formation** – Joseph and Mary were responsible for communicating the religious values and customs of Israel to the Child Jesus. So parents must take an active teaching role in forming the values of the Catholic faith in the souls of their children.

**Time** – All significant human actions, whether woodworking, baking bread, or forming a soul, need time. During Advent, make sure to give generous time to the formation of children so that they understand the true gift of the Eucharist.

"Jesus has made Himself the Bread of Life to give us life. Night and day, He is there.  
If you really want to grow in love, come back to the Eucharist. ~ St. Teresa of Calcutta

#### National Eucharistic Revival Resources

Make sure to keep up to date on the National Eucharistic Revival at the Bishops' central website: [www.EucharisticRevival.org](http://www.EucharisticRevival.org). For news on the upcoming Eucharistic Congress, please see [www.eucharisticcongress.org](http://www.eucharisticcongress.org). You can also get the *Eucharistic Revival Edition Prayer Cards* at [www.SitStandKneel.com](http://www.SitStandKneel.com) for great evangelization resources to spread the Eucharistic fire!