

National Eucharistic Revival Supplement – November 2023



Dear friends, following the path of the National Eucharistic Revival set for us by our Bishops, we pray that the whole Church in heaven and on earth will be united in this most Blessed Sacrament.

THEME: ALL SAINTS AND SOULS UNITED IN THE EUCHARIST

Eucharistic Saint



St. Juliana of Liège (d. 1258). This Belgian nun received mystical visions urging her to promote a new feast of the Eucharist. She labored for twenty years to foster this devotion in her local church. Six years after her death, an Archdeacon of her diocese was elected Pope Urban IV, who then authorized the feast of Corpus Christi for the Universal Church.

Back to Basics

SACRAMENTAL CONFESSION: If the Eucharistic Revival is to bear any real fruit, it must be accompanied by a revival of Confession. The Church's canon law, Catechism, and dozens of other Church documents make this clear:

"Anyone who is conscious of grave sin may not celebrate Mass or receive the Body of the Lord without previously having been to sacramental confession, unless there is a grave reason and there is no opportunity to confess." ~ **Code of Canon Law** (1985), 916.



Keep in mind that the Church doesn't require us to be saints to receive the Eucharist! It only asks us to receive the Lord's Body and Blood "worthily" (1 Cor 11:27).

Calls to Action



Repentance – A necessary condition for entering the Kingdom of Heaven is repentance for our sins. Remember, these were the first words of Our Lord in His public ministry: *"Repent and believe!"* (Mk 1:15).

Practice – We must have recourse to the saints and angels in order to approach the Eucharist worthily. Each of us has a guardian angel who assists us at Mass, and so do our patron saints. If we don't have a patron saint, we can choose a particular saint who will help us worship Christ in the Blessed Sacrament with true faith!

"Let no one approach this Sacrament with indifference. Let no one be faint-hearted; rather let everyone have burning hearts, all fervent... For we are pilgrims on our way to heaven." ~ **St. John Chrysostom**

National Eucharistic Revival Resources

Keep up to date on the National Eucharistic Revival at the Bishops' website: www.EucharisticRevival.org. For news on the upcoming Eucharistic Congress, go to www.eucharisticcongress.org. Also, get the *Eucharistic Revival Edition Prayer Cards* at www.SitStandKneel.com for great evangelization resources to spread the Eucharistic fire!