



PRAYERS IN THE PEW™

National Eucharistic Revival Supplement – September 2023

Brothers and Sisters in Christ, the US Bishops have asked the whole Church to participate in the National Eucharistic Revival, as though we were the disciples walking with Jesus on the Road to Emmaus: *Their hearts were burning within them!*

THEME FOR SEPTEMBER: THE BLESSINGS OF EUCHARISTIC FAITH

Eucharistic Saint



St. John Neumann (1811-1860). The practice of adoring the Eucharist for forty hours straight [roughly the length of His Passion] originated with this great Eucharistic saint when he was Bishop of Philadelphia from 1852-60. It is said that he heard the divine voice after the Lord miraculously saved him from a fire. The Lord told him that He would release graces like flames in the diocese if the bishop would institute this practice. Thus was born the 40 Hours Devotion.

Back to Basics

SOURCE AND SUMMIT: The *Catechism* calls the Eucharist "the source and summit of the Christian life." A source is the *origin* of everything, and in this sense, our whole sacramental system derives from the Eucharist, which we call the Blessed Sacrament for that reason.



A summit is the *culmination* of everything, which is why we can say that without the Eucharist, we would not even have a Church. This is how the *Catechism* described the unique gift of the Eucharist within the life of the Church:

"The other sacraments, and indeed all ecclesiastical ministries and works of the apostolate, are bound up with the Eucharist and are oriented toward it. For in the blessed Eucharist is contained the whole spiritual good of the Church, namely Christ himself, our Pasch." (CCC, 1324)

Calls to Action



The Virtue of Reverence – Praying with a reverent heart obtains special graces from the Lord whenever we make intercessions in the presence of the Blessed Sacrament.

Practice – "The venerable practice of genuflecting before the Blessed Sacrament... requires that it be performed in a recollected way in order that the heart may bow before God in profound reverence." ~ Congregation for the Sacraments and Divine Worship, *Inaestimabile Donum* (1980), 26.

"If we but paused for a moment to consider attentively what takes place in this Sacrament, I am sure that the thought of Christ's love for us would transform the coldness of our hearts into a fire of love and gratitude." ~St. Angela of Foligno

National Eucharistic Revival News and Resources

Information about the [Eucharistic Pilgrimage](#) and the [Eucharistic Congress](#) in July of 2024.

Make sure to get the Official Prayers in the Pew *Eucharistic Revival Edition* prayer cards at www.SitStandKneel.com for convenient evangelization resources.